

# GCST Medical History Questionnaire

(Parent completes for minors, voluntary information)

|                         |  |                       |                 |
|-------------------------|--|-----------------------|-----------------|
| Swimmer Name _____      |  | _____                 |                 |
| Last                    |  | First                 | Middle          |
| Date Of Birth _____     |  | Male                  | Female (Circle) |
| Address _____           |  | Email Address _____   |                 |
| _____                   |  | Cell Phone _____      |                 |
| Parent/Guardian _____   |  | Parent/Guardian _____ |                 |
| Address _____           |  | Address _____         |                 |
| _____                   |  | _____                 |                 |
| Home Phone _____        |  | Home Phone _____      |                 |
| Cell Phone _____        |  | Cell Phone _____      |                 |
| Work Phone _____        |  | Work Phone _____      |                 |
| Email Address _____     |  | Email Address _____   |                 |
| Emergency Contact _____ |  | Phone _____           |                 |
| Doctor _____            |  | Phone _____           |                 |
| Dentist _____           |  | Phone _____           |                 |

Please Mark "Yes" or "No" and provide additional details where requested, if you answer "Yes" to any of the following questions.

1. Are you allergic to any medications (aspirin, penicillin, sulfa, etc.)?  
No \_\_\_\_\_ Yes \_\_\_\_\_ List \_\_\_\_\_
2. Are you allergic to anything else (foods, dogs, bee stings, etc.)?  
No \_\_\_\_\_ Yes \_\_\_\_\_ List \_\_\_\_\_  
How is this managed (medication, etc)? \_\_\_\_\_
3. Do you wear glasses or contacts during competition or practice?  
No \_\_\_\_\_ Yes \_\_\_\_\_
4. Are you hearing impaired?  
No \_\_\_\_\_ Yes \_\_\_\_\_  
Do you read lips? No \_\_\_\_\_ Yes \_\_\_\_\_  
Do you wear a hearing aid? No \_\_\_\_\_ Yes \_\_\_\_\_
5. Do you wear any of the following dental appliances: (Circle)  
Permanent Bridge      Braces      Removable Retainer      Permanent Retainer  
Removable Partial Plate      Full Plate      Permanent Crown
6. Have you been told by a doctor that you have asthma?  
No \_\_\_\_\_ Yes \_\_\_\_\_ List any Medications: \_\_\_\_\_
7. Do you have diabetes?  
No \_\_\_\_\_ Yes \_\_\_\_\_ Type I or Type II (Circle)  
List any Medications \_\_\_\_\_

8. Have you been told by a doctor that you have epilepsy?  
No \_\_\_\_\_ Yes \_\_\_\_\_ Type of Seizures: Grand Mal or Petite Mal (Circle)  
List any Medications \_\_\_\_\_  
What warning signs would indicate that you are about to have a seizure? \_\_\_\_\_
9. Have you been told by a doctor that you are anemic?  
No \_\_\_\_\_ Yes \_\_\_\_\_ List Treatment \_\_\_\_\_
10. Do you have High Blood Pressure?  
No \_\_\_\_\_ Yes \_\_\_\_\_ List any medications \_\_\_\_\_
11. Do you have or have you ever had any of the following diseases?  
Heart Disease (heart murmur, rheumatic fever, other)?  
No \_\_\_\_\_ Yes \_\_\_\_\_ Date & Details \_\_\_\_\_  
Lung Disease (pneumonia, other)?  
No \_\_\_\_\_ Yes \_\_\_\_\_ Date & Details \_\_\_\_\_  
Kidney Disease (infections, other)?  
No \_\_\_\_\_ Yes \_\_\_\_\_ Date & Details \_\_\_\_\_  
Liver Disease (Mononucleosis, hepatitis, other)?  
No \_\_\_\_\_ Yes \_\_\_\_\_ Date & Details \_\_\_\_\_
12. Have you ever had a shoulder injury? (Dislocation, separation, rotary cuff, etc.)  
No \_\_\_\_\_ Yes \_\_\_\_\_ Right or Left (Circle) Date of Injury \_\_\_\_\_  
Was surgery required? \_\_\_\_\_  
What was done and why? \_\_\_\_\_
13. Have you ever had a knee injury? (ACL, injured cartilage, etc)  
No \_\_\_\_\_ Yes \_\_\_\_\_ Right or Left (Circle) Date of Injury \_\_\_\_\_  
Was surgery required? \_\_\_\_\_  
What was done and why? \_\_\_\_\_
14. Have you ever had a back injury?  
No \_\_\_\_\_ Yes \_\_\_\_\_ Date of Injury \_\_\_\_\_  
Was surgery required? \_\_\_\_\_  
What was done and why? \_\_\_\_\_
15. Have you ever had a concussion or other head injury in the past three years?  
No \_\_\_\_\_ Yes \_\_\_\_\_ Date of Injury \_\_\_\_\_  
Were you hospitalized? No \_\_\_\_\_ Yes \_\_\_\_\_ Date of Stay \_\_\_\_\_
16. Have you ever fractured any bones in your body?  
No \_\_\_\_\_ Yes \_\_\_\_\_ Date of Injury \_\_\_\_\_  
Which bone or bones? \_\_\_\_\_
17. Do you have any pins, screws, or plates in your body?  
No \_\_\_\_\_ Yes \_\_\_\_\_ Date \_\_\_\_\_  
Where \_\_\_\_\_
18. Have you ever had a severe ankle or wrist sprain?  
No \_\_\_\_\_ Yes \_\_\_\_\_ Date of Injury \_\_\_\_\_

19. Do you have any other conditions that we should be aware of? (Eating disorders, ulcers, tendonitis, etc)

No \_\_\_\_\_ Yes \_\_\_\_\_ Specify and give details \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

20. Do you take any other prescribed medication on a permanent or semi-permanent basis, not listed in the answers above (steroids, anti-inflammatory medication, antibiotics, insulin, etc.)?

No \_\_\_\_\_ Yes \_\_\_\_\_ List \_\_\_\_\_

Reason \_\_\_\_\_

\_\_\_\_\_

21. Please give the date of your last tetanus shots: \_\_\_\_\_

22. Any Additional Comments or Concerns?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I have answered all of the questions on this form completely and truthfully to the best of my knowledge.

\_\_\_\_\_  
Signature of Athlete (or **parent** if the athlete is a minor)

\_\_\_\_\_  
Date

***A copy of your primary Medical Insurance Card is required. Please provide to us with this Form. Thank You.***